# SKILLS FOR US Employability Skills Programme

# Communication

Learners will consider what communication really means and how this translates to the workplace. They will complete a series of activities, using multiple methods of communication, to gain a deeper understanding of how to become an effective communicator themselves.



By firstly understanding what makes a good team player, learners will consider how Paramedics use teamwork as part of their job and why it is so important. They will then get to put their own teamwork skills to the test at home!



Balancing school and home life can be challenging for learners. By developing organisational skills, using the role of an Event Planner to guide them, they can effectively develop their own organisational skills.



### **Problem Solving**

Learners will consider the activities of every day life, and how they use their problem solving skills without even realising it. By looking at different careers and their own experiences, they will learn how to overcome any obstacles thrown their way!



Learners will consider if confidence is something that can be learned, and what it means to have a growth mindset. They will look at examples of people who have overcome difficulties and go on to complete their own SWOT analysis.



#### **Money Management**

Being able to manage money is a life skill that even adults can struggle with. This session will break down the concept of money management, making it both informative and fun. Learners will specifically look at the role of a Project Manager and how they manage a large scale budget.



Building on Confidence skills, learners will consider what resilience means and why it is desirable to employers. Learners will complete a personality quiz to consider their personal strengths and weaknesses, and how this could impact upon their resilience.

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Learners will gain an understanding of what initiative means and how they can harness their own. This includes being decisive in a structured and creative way. Learners can then apply their new found productivity to the workplace and the classroom!

# Put it into Practice!

In the final session learners will put their new found skills into practice. Considering different careers and skills, they will use the 'STAR' technique to evidence when they have used these skills. Great preparation for a real life interview!

## Get in touch

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