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| Week 3 -Monday | Allergens in Red |

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| Main Meals |
| · Chicken Burger WHEAT/MILK· Pasta Bolognaise WHEAT· Vegan Burgers WHEAT/GLUTEN/SOYA/MUSTARD· Mash MILK· Beans NO ALLERGENS· Vegetables NO ALLERGENS  |

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| Desserts |
|  · Apple Crumble and Custard WHEAT\ MILK· Jam and Cream Sponge WHEAT\EGGS· Fruit   |

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| Week 3 -Tuesday | Allergens in Red |

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| Main Meals |
| · Spicy Chicken Pizzini WHEAT/MILK· Cheese\tomato Pizzini WHEAT/MILK· Tomato Pasta Bake WHEAT/MILK· Mash MILK· Beans NO ALLERGENS· Vegetables NO ALLERGENS   |

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| Desserts |
|  · Rice pudding MILK· Fruit cake WHEAT/EGGS· Flap jack OATS/WHEAT/BARLEY· Fruit  |

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| Week 3 -Wednesday | Allergens in Red |

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| Main Meals |
|  · Chicken Tikka Curry and Rice MILK· Vegan Chicken Curry WHEAT/SOYA· Jacket Potato with filling cheese /beans/tuna -SEE STAFF FOR ALLERGENS· Mash MILK· Beans NO ALLERGENS· Vegetables NO ALLERGENS  |

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| Desserts |
| · Cornflake Tart and Custard WHEAT/MILK· Sultana Scones WHEAT/EGGS/MILK · Fruit   |

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| Week 3 -Thursday | Allergens in Red |

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| Main Meals |
| · Cottage Pie MILK· Vegan Cottage Pie SOYA· Beef Burgers in a bun SOYA MILK/WHEAT/GLUTEN/SULPHUR DIOXIDE· Beef Burger WHEAT/GLUTEN/SOYA/ SULPHUR DIOXIDE· Beans NO ALLERGENS· Vegetables NO ALLERGENS· Mash MILK  |

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| Desserts |
|  · Strawberry Tart and Custard WHEAT/EGGS/MILK· Chocolate Brownie WHEAT/EGGS/SULPHUR DIOXIDE · Fruit   |

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| Week 3 -Friday | Allergens in Red |

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| Main Meals |
| · Wedges NO ALLERGENS· Cheese and Onion Pie MILK/WHEAT· Butter Pie (Vegan) WHEAT · Mash MILK· Beans NO ALLERGENS· Curry Sauce WHEAT/SOYA/SULPHUR DIOXIDE· Vegetables NO ALLERGENS  |

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| Desserts |
| · Chocolate Sponge and Custard WHEAT\EGGS\MILK· Jam slice WHEAT\EGGS\MILK · Fruit   |