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| Week 3 -Monday | Allergens in Red |

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| Main Meals |
| · Chicken Burger WHEAT/MILK  · Pasta Bolognaise WHEAT  · Vegan Burgers WHEAT/GLUTEN/SOYA/MUSTARD  · Mash MILK  · Beans NO ALLERGENS  · Vegetables NO ALLERGENS |

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| Desserts |
| · Apple Crumble and Custard WHEAT\ MILK  · Jam and Cream Sponge WHEAT\EGGS  · Fruit |

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| Week 3 -Tuesday | Allergens in Red |

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| Main Meals |
| · Spicy Chicken Pizzini WHEAT/MILK  · Cheese\tomato Pizzini WHEAT/MILK  · Tomato Pasta Bake WHEAT/MILK  · Mash MILK  · Beans NO ALLERGENS  · Vegetables NO ALLERGENS |

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| Desserts |
| · Rice pudding MILK  · Fruit cake WHEAT/EGGS  · Flap jack OATS/WHEAT/BARLEY  · Fruit |

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| Week 3 -Wednesday | Allergens in Red |

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| Main Meals |
| · Chicken Tikka Curry and Rice MILK  · Vegan Chicken Curry WHEAT/SOYA  · Jacket Potato with filling cheese /beans/tuna -  SEE STAFF FOR ALLERGENS  · Mash MILK  · Beans NO ALLERGENS  · Vegetables NO ALLERGENS |

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| Desserts |
| · Cornflake Tart and Custard WHEAT/MILK  · Sultana Scones WHEAT/EGGS/MILK   · Fruit |

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| Week 3 -Thursday | Allergens in Red |

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| Main Meals |
| · Cottage Pie MILK  · Vegan Cottage Pie SOYA  · Beef Burgers in a bun SOYA MILK/WHEAT/GLUTEN/SULPHUR DIOXIDE  · Beef Burger WHEAT/GLUTEN/SOYA/ SULPHUR DIOXIDE  · Beans NO ALLERGENS  · Vegetables NO ALLERGENS  · Mash MILK |

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| Desserts |
| · Strawberry Tart and Custard WHEAT/EGGS/MILK  · Chocolate Brownie WHEAT/EGGS/SULPHUR DIOXIDE  · Fruit |

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| Week 3 -Friday | Allergens in Red |

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| Main Meals |
| · Wedges NO ALLERGENS  · Cheese and Onion Pie MILK/WHEAT  · Butter Pie (Vegan) WHEAT  · Mash MILK  · Beans NO ALLERGENS  · Curry Sauce WHEAT/SOYA/SULPHUR DIOXIDE  · Vegetables NO ALLERGENS |

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| Desserts |
| · Chocolate Sponge and Custard WHEAT\EGGS\MILK  · Jam slice WHEAT\EGGS\MILK  · Fruit |