

RE – THE BUDDHA: “Meeting God in friend & stranger”

Who is the Buddha?

- Buddha was born in India about the 2600 years ago.
- He was a Hindu and the son of a King. His name then was Siddhartha Gautama.
- When he was born, a holy man made a prophecy to the King that the child would be either a great ruler or a great spiritual leader.
- Siddhartha’s father kept Siddhartha in the palace and would not let him see the real world outside the palace walls.
- One day Siddhartha left the palace with his servant Channa against his father’s wishes.



What are the four sights?

An old person:

Siddhartha was horrified to discover that old age could affect anyone and when people get older they physically decline.

A sick person:

Siddhartha was told that the woman was suffering from a disease. He hadn’t realized that during their lives, people get ill.

A dead person:

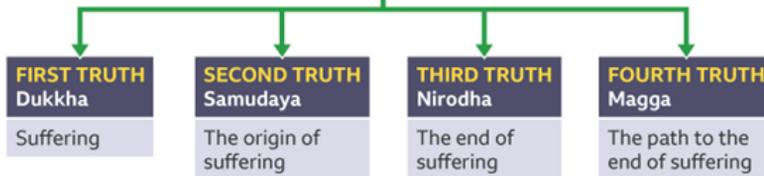
Siddhartha saw the body of a person being carried to their funeral. He learned that everyone dies one day.

A holy man:

Siddhartha saw a man sitting upright with his eyes closed. He was a holy man who had given up all his possessions to try and discover the meaning of life.

What are the four noble truths?

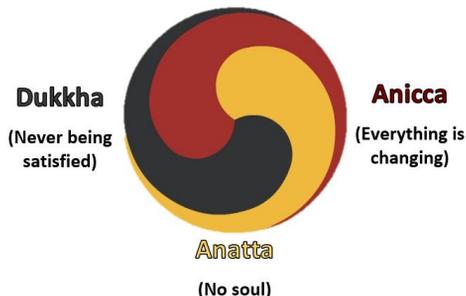
The Four Noble Truths



- FIRST NOBLE TRUTH: There is suffering in the world.
- SECOND NOBLE TRUTH: Suffering is caused by desire or wanting things that you don’t have.
- THIRD NOBLE TRUTH: There can be an end to suffering.
- FOURTH NOBLE TRUTH: By following the teachings of the Buddha which are simplified in the eightfold path, we can end the cycle of suffering.

What are the three marks of existence?

- The three marks of existence in Buddhism are also known as the three universal truths.
- Buddhists believe that if we accept these universal truths, it will put a stop to our suffering.



What is the eight fold path?

- The Buddha taught that if we accept the universal truths and follow the eightfold path, we will see an end to our suffering.
- The eightfold path is the way to enlightenment.

