



## Week 1

Monday ALLERGENS IN RED

### Main meals

- Chicken Burgers WHEAT \MILK
- Vegan Burger WHEAT \GLUTEN \SOYA
- Spaghetti Bolognaise WHEAT
- Mash MILK
- Beans NO ALLERGENS

### Desserts

- Rainbow Sponge\Custard MILK \EGGS \WHEAT
- Flap jack WHEAT \GLUTEN\OATS
- Sprinkle tray bake WHEAT \EGGS\MILK



## Week 1

### Tuesday ALLERGENS IN RED

#### Main meals

- Chicken Tikka Wrap WHEAT \MILK
- Tomato Tagliatelle (Vegan) WHEAT
- Mash MILK
- Beans NO ALLERGENS
- Vegetables NO ALLERGENS

#### DESSERTS

- Flap jack WHEAT \OATS\ GLUTEN
- Apple Crumble & Custard WHEAT\  
MILK



## Week 1

### Wednesday ALLERGENS IN RED

#### Main meals

- Sausage GLUTEN\SULPHUR
- Sausage t\cake  
GLUTEN\SULPHUR\WHEAT\MILK\SOYA
- Beans on toast WHEAT
- Vegan Sausage WHEAT\SOYA
- Mash MILK
- Beans NO ALLERGENS
- Vegetables NO ALLERGENS

#### Desserts

- Choc\Plain\Blueberry muffins WHEAT\EGG
- Carrot Cake EGG\WHEAT
- Fruit



## Week 1

### Thursday ALLERGENS IN RED

#### Main meals

- Sausage Roll WHEAT\SULPHUR\SOYA\MILK
- Meat Lasagna WHEAT\MILK
- Chicken Fajita Wrap WHEAT
- Vegan Roll WHEAT
- Mash MILK
- Beans NO ALLERGENS
- Vegetables NO ALLERGENS

#### Desserts

- Vanilla Sponge and Custard  
MILK\EGGS\WHEAT
- Sprinkle Cup Cakes WHEAT\MILK\EGGS



## Week 1

Friday ALLERGENS IN RED

### Main meals

- Wedges CELERY
- Fish GLUTEN\WHEAT\FISH
- Fish Fingers WHEAT\GLUTEN\FISH
- Mash MILK
- Beans NO ALLERGEN
- Curry sauce  
WHEAT\MUSTARD\SOYA\SULPHITES
- Vegetables NO ALLERGENS

### Desserts

- Chocolate Sponge and Custard  
WHEAT\MILK\EGGS
- Iced Chocolate Tray Bake  
WHEAT\EGGS\MILK